Name	Period	Date

## ABC's of Positive Identity and Self-Esteem

Create words or phrases using the letters of the alphabet that promote a healthy self-concept. You may include ways parents, caregivers or Counseling and Mental Health providers can help promote good self-esteem.

Always use a positive statement to correct a behavior	Р
В	Q
С	R
D	S
E	Т
F	U
G	٧
н	W
1	Χ
J	Υ
K	Z
L	
М	
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