Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Fire Service Hoses Checklist**

**Loosen a Fire Hose Connection Using the Knee-Press Method**

Directions

Demonstrate the proper method of loosening a hose connection using the Knee-Press Method. Begin on my instruction to start. The exercise will end when you state that you have completed all of the identified steps.

|  |  |
| --- | --- |
| **Task Steps** | **1 Pt. each** |
| Grasp the hose behind the female coupling. |  |
| Lay the hose flat on the ground, or at a 90 degree angle to ground. |  |
| Stand the male coupling on end. |  |
| Place one knee upon the hose and/or shank of the female or male coupling. |  |
| Snap the swivel quickly in a counterclockwise direction while applying body weight to loosen the connection (uncouple hose). |  |
| **Total points possible – 5** |  |



**Instructor’s Signature** **Date**