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| **TEXAS CTE LESSON PLAN**  [www.txcte.org](http://www.txcte.org) | |
| **Lesson Identification and TEKS Addressed** | |
| **Career Cluster** | Human Services |
| **Course Name** | Cosmetology I |
| **Lesson/Unit Title** | Finger Wave Hair Style |
| **TEKS Student Expectations** | **130.283. (c) Knowledge and Skills**  (3) The student demonstrates knowledge of rules and regulations established by the TDLR. The student is expected to:  (A) Apply health and safety policies and procedures |
| **Basic Direct Teach Lesson**  (Includes Special Education Modifications/Accommodations and  one English Language Proficiency Standards (ELPS) Strategy) | |
| **Instructional Objectives** | **Students will:**   * Identify finger wave hairstyles * Demonstrate safety and sanitation precautions related to finger waving * Practice a 4” finger wave * Recognize the open and closed end of a wave |
| **Rationale** | Finger wave is a basic technique in wet hair styling and can be a foundation to hair styling. Finger waves can be performed on wet or dry hair. When performing this technique, you will build strength, dexterity, and coordination. This technique creates movement and direction. Many celebrity and movie set hairstylists use finger waving to prepare their models for the runway or the movie scenes. Keep in mind that this is a basic technique that can be used to create your desired trend design. |
| **Duration of Lesson** | Six 45-minute class periods |
| **Word Wall/Key Vocabulary**  *(ELPS c1a, c, f; c2b; c3a, b, d; c4c; c5b) PDAS II (5)* | **Disinfect:** A chemical process that uses specific products to destroy harmful organisms on environmental surfaces  **Duckbill clips:** Add volume to limp, thin, wavy hair and create uniform curls at the crown, where curls tend to be more flat  **Finger waving:** The process of shaping and directing the hair into an S pattern through the use of the fingers, comb and waving lotion  **Gel:** Thickened styling preparation that comes in a tube or bottle and has a strong hold  **Sanitize:** A chemical process for reducing the number of disease-causing germs on cleaned surfaces to a safe level  **Waving lotion:** A type of hair gel that makes the hair pliable enough to keep in place during the finger wave procedure |
| **Materials/Specialized Equipment Needed** | **Equipment:**   * Computer with projector for PowerPoint presentation * Computers with Internet access (be sure to follow district guidelines) * Light projector (Elmo) * Presenter/remote   **Supplies:**   * Combs (all purpose, detangle and tail) * Duckbill clips * Mannequin and mannequin stand * Sanitation set up (environmental protection agency registered disinfectant and hand sanitizer) * Shampoo cape * Spray water bottle * Towels * Waving lotion (setting gel) * Copies of all handouts   **PowerPoint:**   * Finger Wave Hair Style   **Technology:**   * Free iPad App:   + Hairstyles+ Amazing collection of the prettiest hairstyles from around the world [https://itunes.apple.com/us/app/hairstyles+/id423201739?mt=8](http://www.ehow.com/how_5162730_do-finger-wave-hairstyle.html?mt=8)   **Graphic Organizers:**   * Finger Wave Hair Style Notes * Finger Wave Hair Style Notes (Key) * KWL Chart – Finger Wave Hair Style   **Handouts:**   * Cosmetologists Administrative Rules * Rubric for Finger Wave Hair Style |
| **Anticipatory Set**  (May include pre-assessment for prior knowledge) | **Before class begins:**  Display as many of the materials and supplies from the Materials or Specialized Equipment Needed section as you have available on a table in front of the classroom.  Distribute graphic organizer KWL Chart – Finger Wave Hair Style and ask students to complete the first two sections:   * K – What do I know about the finger wave hair style? * W – What do I want to know about the finger wave hair style?   The last column will be completed at the close of the lesson.  Lead a discussion about this hairstyle and ask the following questions?   * Have you seen a fashion model on television or in a magazine wearing finger waves? * Why do you think this style is popular? * Do you know how to do this hair style if a client requests it? * We will be learning how to do a finger wave hair style in this lesson. |
| **Direct Instruction \*** | Review lesson objectives, terms, and definitions.  Distribute graphic organizer Finger Wave Hair Styling Notes so that students may take notes during the slide presentation.  Introduce PowerPoint Finger Wave Hair Style and discuss the history and popularity of the style.  View YouTube video:   * Fabulous Finger Waves – 1920s and 1930s finger wave tutorial How to create the classic 1920s and 1930s finger waves.<http://youtu.be/hMcbkGDyEQc>   View examples of finger wave hair styles:   * Hairstyles Weekly Examples of Finger Wave Hair Styles <http://hairstylesweekly.com/tag/finger-waves-hairstyles/>   *Individualized Education Plan (IEP) for all special education students must be followed. Examples of accommodations may include, but are not limited to:*   * check for understanding * providing assistance with note-taking |
| **Guided Practice \*** | Review the Cosmetology Administrative Rules for the general requirements of the Health and Safety Standards.  These standards include:   * Clean and disinfect equipment, tools, implements and supplies before use on each client * Use clean towels for each client * Use clean cutting and shampoo capes for each client * Use a sanitary neck strip or towel * Employ good hygiene habits while providing cosmetology service   Explain the finger wave hair style:   * It is only a “S” shape in the hair style that is formed by 2 c’s   + One C is forward and one C is backward * There are ridges in between the “c’s” which helps with definition in the style * Waving lotion or setting gel is used to control the ends during the finger waving procedure   Demonstrate how to do a finger wave on a volunteer or a manikin.  Explain the following:   * The wave has an open end to let you know where the wave starts and a closed end to let you know where the wave stops * The hair must be smooth and spread out and not bunched up at the corner ends * The comb must be at the scalp to gain this smoothness * Use the open and closed end identification * Use the comb to measure 1” X 4” finger wave for accuracy   Students will work independently practicing safety and sanitation techniques.  Re-teach as needed.  *Individualized Education Plan (IEP) for all special education students must be followed. Examples of accommodations may include, but are not limited to:*   * shortened, simplified instructions * peer tutoring |
| **Independent Practice/Laboratory Experience/Differentiated Activities \*** | Students will:   * Work independently practicing the combing technique and forming the wave * Work independently practicing how to identify the open and closed ends of the wave and how to position the fingers during the finger waving procedure * Practice the finger wave technique on their mannequins independently   Important: Students should follow the hair style instructions/procedures in order to give the client their desired style.  Distribute Rubric for Finger Wave Hair Style so that students may know what is expected.  *Individualized Education Plan (IEP) for all special education students must be followed. Examples of accommodations may include, but are not limited to:*   * provide more time for practice * frequent feedback |
| **Lesson Closure** | Review lesson objectives, terms, and definitions.  Distribute the KWL Chart – Finger Wave Hair Style and allow students to complete the last section.   * L – What did I learn about the finger wave hair style?   Ask the following questions for review:   * How long have finger waves been used? * What letter are you trying to create in hair? * How many waves are you going to create? * How many ridges are there supposed to be in this wave pattern? * What size is the wave pattern supposed to be when completed? * What happens if you don’t hold the hair firmly? |
| **Summative/End of Lesson Assessment \*** | Students will be assessed with appropriate rubric.  Employability Skill Connection (following instructions):   * As a conclusion or extension activity – “It is very important to follow instructions as in other areas of the working world in Cosmetology. Finger wave is a detailed technique and you must understand the instructions of the procedures given in order to achieve the desired style.”   “I will give you a set of detailed instructions for a class project. I want you to paraphrase the instructions. Make sure that you listen and ask questions. At the end, we will discuss the given instructions that you have dictated. Students, you can give examples of your work to determine how well you can follow the instructions.”  *Individualized Education Plan (IEP) for all special education students must be followed. Examples of accommodations may include, but are not limited to:*   * give encouragement and praise * provide an opportunity to make corrections |
| **References/Resources/**  **Teacher Preparation** | **Textbook:**  *Milady standard cosmetology: Situational problems.* (2012). Clifton Park, NY: Cengage Learning.  **Websites:**   * Hairstyles Weekly Examples of Finger Wave Hair Styles <http://hairstylesweekly.com/tag/finger-waves-hairstyles> * Texas Department of Licensing and Regulation To be the leader in public service, customer satisfaction, and innovation<http://www.tdlr.texas.gov/cosmet/saloncodeviolations.htm>   **YouTube:**   * Fabulous Finger Waves – 1920s and 1930s finger wave tutorial How to create the classic 1920s and 1930s finger waves <http://youtu.be/hMcbkGDyEQc> |
| **Additional Required Components** | |
| **English Language Proficiency Standards (ELPS) Strategies** | * Word wall * Draw visual representations of terms on word wall * Add terms and definitions to personal dictionary * Utilize Four Corners Vocabulary/Word Wall Activity |
| **College and Career Readiness Connection[[1]](#footnote-1)** |  |
| **Recommended Strategies** | |
| **Reading Strategies** | Articles pertaining to this lesson that students may read include:   * How to Do a Finger Wave Hairstyle A finger wave hairstyle was popular in the 20s and 30s in America.<http://www.ehow.com/how_5162730_do-finger-wave-hairstyle.html> * Full Finger Waves Hair Styles Finger waves are the classic look of the flapper era, typically worn close to the head. <http://www.ehow.com/about_5397751_full-finger-waves-hair-styles.html> * Reading strategy: Encourage students to “visualize” as they read. Many students are visual learners and will benefit from making sketches or diagrams on scrap paper as they read. Providing students with graphic organizers to help them organize their thoughts is also helpful. |
| **Quotes** | The only person who is educated is the one who has learned how to learn and change. **-Carl Rogers**  I am obsessed with my hairstyles. **-Raven-Symone**  I definitely do like change. I don’t know if my hairstyles reflect that, but I don’t like the same old thing all the time. **-Cobi Jones**  I look back at the looks I’ve had over the years. I’m proud of myself that I had the courage to experiment with crazy hairstyles and some fashion things. Would I do it again? No. But that’s part of the learning process and getting from point A to point B. **-Christina Aguilera**  I’m undaunted in my quest to amuse myself by constantly changing my hair. **-Hillary Clinton**  If you look over the years, the styles have changed – the clothes, the hair, the production, the approach to the songs. The icing to the cake has changed flavors. But if you really look at the cake itself, it’s really the same. **-John Oates** |
| **Writing Strategies**  **Journal Entries + 1 Additional Writing Strategy** | **Journal Entries:**   * I think the finger wave hair style is …… * The finger wave hair style is a technique that is (difficult/easy) for me because …. * The history of the finger wave hair style is …. * The reason the finger wave hair style is popular is because …. * The amount of time to create the finger wave hair style is …. * I would have like to have lived in the 20’s or 30’s because ….   **Writing Strategy:**   * RAFT (Role/Audience/Format/Topic) writing strategy:   + Role – customer   + Audience – hairstylist   + Format – email   + Topic – finger wave hairstyle for prom |
| **Communication**  **90 Second Speech Topics** | Students can make a presentation of their finish product. This will include the materials and supplies that was used, a detailed description of how they obtained the look or style and their target client to market this hairstyle. |
| **Other Essential Lesson Components** | |
| **Enrichment Activity**  (e.g., homework assignment) | Students can have a finger wave contest amongst themselves. If you add fashion in with the contest, they will really be eager to show off their talents. Invite friends, family and or faculty. Award small prizes for the winners and/or all contestants if possible. |
| **Family/Community Connection** | Contact local or state beauty professional organizations or manufacturers to come and demonstrate a current hairstyle using the technique that was discussed and demonstrate. This will allow the students to have a real-world application and show the result in order to reinforce the lesson.  Possible ideas:   * Dallas Beauticians’ Association * Paul Mitchell Matrix * Texas State Beauty Culturist League * Toni and Guy |
| **CTSO connection(s)** | **SkillsUSA**  [http://skillsusa.org](http://cte.sfasu.edu/wp-content/uploads/2014/04/Finger-Wave-Hair-Style-Notes-Key.pdf)  Cosmetology Students will demonstrate their skills in haircutting, hair styling and long hair design in four separate tests. All work is performed on mannequins so everyone begins with the same model and the same type of hair. Contestants will create one 90-degree women’s haircut, one woman’s and one man’s cut from a finished photo. A display of creativity is seen in the long hair segment of the competition where these future salon professionals demonstrate their own design skills. A parade finale closes the contest with each contestant walking down the stage with their completed mannequins to present to the audience. |
| **Service Learning Projects** | Successful service learning project ideas originate from student concerns and needs. Allow students to brainstorm about service projects pertaining to lesson. For ideas, visit: [www.ysa.org](http://cte.sfasu.edu/wp-content/uploads/2014/04/KWL-Chart-Finger-Wave-Hair-Style.pdf)  Possible idea: Students may be able to advertise their new skills to do the finger wave hair style for young ladies attending special events such as prom and graduation. This will allow them to practice the techniques. |

1. Visit the Texas College and Career Readiness Standards at <http://www.thecb.state.tx.us/collegereadiness/CRS.pdf>, Texas Higher Education Coordinating Board (THECB), 2009. [↑](#footnote-ref-1)