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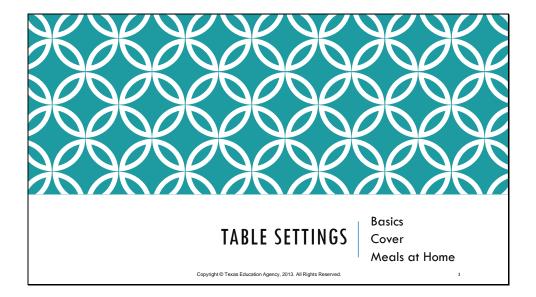
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BASICS

- Table should be set before people sit down to eat
- Start with a clean, sanitized table
- Place the linens
- Tablecloths
- Placemats
- Add a simple decoration



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Clean and sanitize table before setting the table.

Table Linens

Tablecloths – coverings for the entire table

Runners – long, narrow cloths that run down the center of the table

Place mats – cover the area of a single place setting

Napkins - a square piece of cloth or paper used at a meal to wipe the fingers or lips and to protect garments. Can be placed to the left of the forks or folded on the dinner plate or tucked into a glass

Decorations can include a candle or small vase with flowers.

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Place Setting

Dinner Plates – center on cover, about 1 inch from the edge of the table

Flatware – arrange in the order in which it will be used, starting from the outside and working toward the plate. Knives are to the right of the plate with the blade facing the plate. Spoons are to the right of the knife. Forks are to the left of the plate, tines up.

Glassware – water glass should be placed at the tip of the dinner knife. Beverage glass to the right of the water glass. Cup and saucer is placed to the right of the spoon

Bread and salad plates – should be placed above the forks. If both being used, place the salad plate to the left of the forks

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View videos on table settings:

• How to Set a Classic Dinner Table

Figuring out which fork to use for which course can be confusing enough, but having to actually set those forks—and everything else on the table? A recipe for disaster... or a chance to strut your etiquette stuff.

http://www.howcast.com/videos/578-How-to-Set-a-Classic-Dinner-Table

How to Set a Formal Table

Learn how to set a formal table and you'll no longer be intimidated by someone else's! http://www.howcast.com/videos/308988-How-to-Set-a-Formal-Table

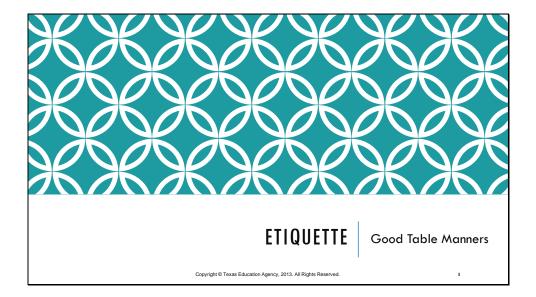
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Buffet - a method of serving food in which people help themselves to food set out on a table **Family service** - serving meals in which food is placed in serving dishes and passed around the table

Modified English service - a more formal way of serving a meal for a small group as foods for the main course are brought to the table in serving dishes and are placed in front of the host, along with a stack of dinner plates. The host then serves the main course and vegetables on each dinner plate and passes the plate to the right

Plate service - serving meals in which food is portioned out on individual plates in the kitchen and brought to the table

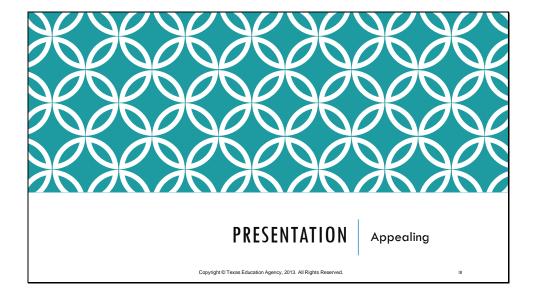


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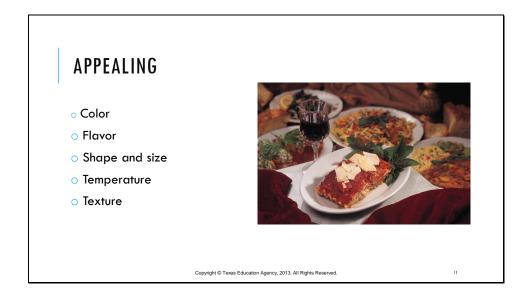


Discuss with students how valuable good table manners are in the business world.

Refer to handout **Table Etiquette** (see All Lesson Attachments tab) for more information.



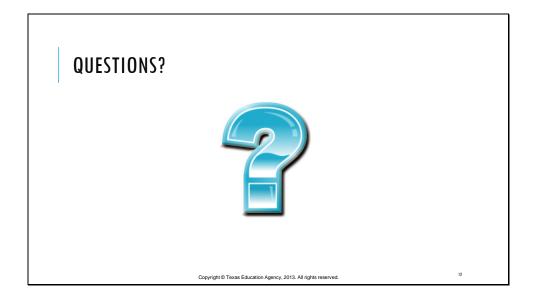
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Color – choose foods in a variety of colors

Flavor – food flavors should complement and keep the taste buds interested Shape and size – create different effects by changing the food's form and proportion **Temperature** – affects its taste and texture as well as food safety. Keep hot foods hot and cold foods cold

Texture – refers to the way food feels when you chew it. Aim for a variety of textures



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REFERENCES AND RESOURCES

Images

• Microsoft Office Clip Art: Used with permission from Microsoft.

Textbooks:

- Draz, J. & Koetke, C. (2010). The culinary professional. Tinley Park, IL: Goodheart-Willcox Company.
- Kowtaluk, H. (2010). Food for today. Columbus, OH: Glencoe/McGraw-Hill.

Vidoos

• How to Set a Classic Dinner Table

Figuring out which fork to use for which course can be confusing.

 $\underline{\text{http://www.howcast.com/videos/578-How-to-Set-a-Classic-Dinner-Table}}$

· How to Set a Formal Table

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