Sample Lab Prep Sheet

| Group # Recipe: | | | |
|---------------------------------|--------|------------------------------------|--------|
| Recipe source: | | | |
| Cooking/preparation method: | | | |
| Oven temperature (if needed): | | | |
| Dry ingredients to be measured: | | Liquid ingredients to be measured: | |
| Ingredient | Amount | Ingredient | Amount |
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| Knife cuts: | | Equipment needed | d: |
| Grocery list: | | | |
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