



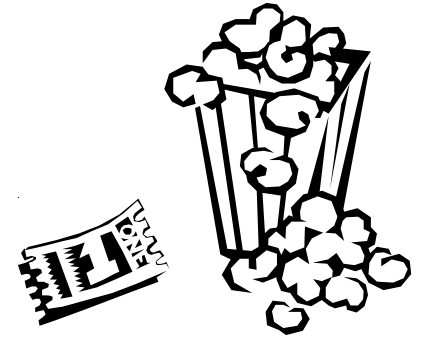
Hazards in the Fast Food Restaurant

HAZARD	EFFECT	POSSIBLE SOLUTIONS
Safety Hazards		
Cooking equipment	Burns or electric shocks	<ul style="list-style-type: none"> • Keep appliances in safe condition • Have guards around hot surfaces • Wear gloves or mitts
Hot grease	Burns	<ul style="list-style-type: none"> • Use grease pans that dump automatically • Have splash guards • Wear protective clothing
Slicers and powered cutting equipment	Cuts	<ul style="list-style-type: none"> • Must be 18 or older to use • Keep guards in place • Get proper training • Turn off when cleaning
Slippery floors	Slips or falls	<ul style="list-style-type: none"> • Clean up spills quickly • Use floor mats
Chemical Hazards		
Dishwashing products	Skin contact may cause irritation or dermatitis	<ul style="list-style-type: none"> • Use safer products • Wear gloves
Cleaning products	Some vapors cause headaches and other health problems; skin contact may cause irritation or dermatitis	<ul style="list-style-type: none"> • Use safer products • Wear gloves when necessary • Have good ventilation
Other Health Hazards		
Contact with public	Stress; criminal violence; robbery	<ul style="list-style-type: none"> • Have adequate security • Schedule at least two people per shift • Use barriers where money is handled • Get customer service training
Standing for long periods	Back injuries; varicose veins	<ul style="list-style-type: none"> • Use floor mats • Take regular breaks • Rotate jobs
Bending, reaching, stretching, and lifting	Muscle strains or sprains	<ul style="list-style-type: none"> • Keep heavy items on lower shelves • Rotate jobs • Use helpers



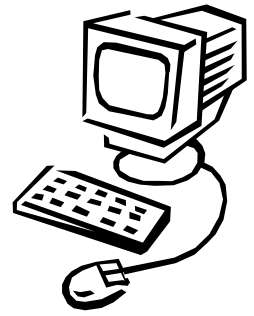
Hazards in the Grocery Store

HAZARD	EFFECT	POSSIBLE SOLUTIONS
Safety Hazards		
Box cutters	Cuts	<ul style="list-style-type: none"> • Cut properly • Store properly
Box crushers	Various body injuries	<ul style="list-style-type: none"> • Must be over 18 to use • Get proper training
Sharp knives	Cuts	<ul style="list-style-type: none"> • Keep in good condition • Cut properly • Store Properly
Deli slicers	Cuts	<ul style="list-style-type: none"> • Must be 18 or older to use • Keep guards in place • Get proper training • Turn off when cleaning
Chemical Hazards		
Cleaning products	Some vapors cause headaches and other health problems; skin contact may cause irritation or dermatitis	<ul style="list-style-type: none"> • Use safer products • Wear gloves when necessary • Have good ventilation
Other Health Hazards		
Checkout scanners	Muscle, tendon, or nerve injuries	<ul style="list-style-type: none"> • Redesign checkstands • Take regular breaks • Rotate jobs
Bending, reaching, stretching, and lifting	Muscle strains or sprains	<ul style="list-style-type: none"> • Use machinery instead • Keep heavy items on lower shelves • Get proper training • Rotate jobs • Use helpers
Cold temperatures (in cold storage areas, freezers)	Frostbite	<ul style="list-style-type: none"> • Limit time working in cold areas



Hazards in the Movie Theater

HAZARD	EFFECT	POSSIBLE SOLUTIONS
<p>Safety Hazards</p> <p>Popcorn, hot dog, and coffee machines</p> <p>Slippery floors</p> <p>Ladders</p>	<p>Burns or electric shocks</p> <p>Slips or falls</p> <p>Falls</p>	<ul style="list-style-type: none"> • Keep appliances in safe condition • Wear gloves or mitts • Clean up spills quickly • Use floor mats • Must be 16 or older to use • Use safe ladders • Get proper training
<p>Chemical Hazards</p> <p>Cleaning products</p>	<p>Some vapors cause headaches and other health problems; skin contact may cause irritation or dermatitis</p>	<ul style="list-style-type: none"> • Use safer products • Wear gloves when necessary • Have good ventilation
<p>Other Health Hazards</p> <p>Contact with public</p> <p>Dark environments</p> <p>Standing for long periods</p>	<p>Stress; criminal violence; robbery</p> <p>Eyestrain; slips or falls</p> <p>Back injuries; varicose veins</p>	<ul style="list-style-type: none"> • Have adequate security • Schedule at least two people per shift • Use barriers where money is handled • Get customer service training • Rotate jobs • Use flashlights • Use floor mats • Take regular breaks • Rotate jobs



Hazards in the Office

HAZARD	EFFECT	POSSIBLE SOLUTIONS
Safety Hazards		
Cords and loose carpeting areas	Tripping	<ul style="list-style-type: none"> • Don't run cords through public areas • Keep carpets secured
Unsecured furniture	Can fall in earthquake	<ul style="list-style-type: none"> • Secure bookcases, file cabinets etc.
Overloaded electric circuits	Fire	<ul style="list-style-type: none"> • Have enough outlets
Chemical Hazards		
Ozone from copiers	Breathing difficulty; headaches; dizziness	<ul style="list-style-type: none"> • Place copiers in separate area • Have good ventilation
Poor indoor air quality	Breathing difficulty; headaches; dizziness	<ul style="list-style-type: none"> • Have good ventilation
Other Health Hazards		
Computer keyboards and mice	Tendon and nerve problems	<ul style="list-style-type: none"> • Use adjustable chairs and workstations • Have good posture • Take regular breaks
Computer monitors	Eyestrain	<ul style="list-style-type: none"> • Position monitor correctly • Adjust monitor properly • Take regular breaks
Sitting for long periods of time	Back pain	<ul style="list-style-type: none"> • Use proper chairs • Have good posture • Take regular breaks
Repetitive, boring work	Stress	<ul style="list-style-type: none"> • Rotate jobs