

What My Family Means to Me “Portrait”

You will be diagramming what your family means to you and your relationship with your family.

- In the center of your paper, represent yourself as a circle, and color so it stands out. Write your name in the circle.
- Add triangles around your circle to represent different family members. Label each triangle with the name of the person and his or her relationship to you.
- Include all of the individuals you regard as part of your family. These are people who share part of your everyday domain and have unending significance in your life. They do not have to live in your household or be related to you by birth or marriage.
- When you have completed your diagram, use two lines to connect your personal circle with two or three other family members’ triangles. These connecting lines will demonstrate your most important family relationships.
- Describe your other important family relationships. Use symbols, colors, words, pictures or anything else to show the description of your feelings between you and your family members. For example, if you feel your mother is a good listener, write that in the space between you and that parent. When finished, draw a frame around the portrait. Decorate it in any way you wish.
- Be prepared to display your family “portrait” and explain it.



